

How Often You Should Clean Everything In Your House

EVERY DAY

- Make Bed
- Clean Coffee Maker
- Clean Dirty Dishes
- Wipe Down Kitchen Counters and Tables
- Sweep Kitchen Floor
- Wipe Down Bathroom Surfaces
- Squeegee Shower Walls
- Sanitize Kitchen & Bathroom Sinks

EVERY WEEK

- Do Laundry
- Mop Kitchen & Bathroom Floors
- Scrub Bathroom Surfaces
- Clean Mirrors
- Dust Furniture
- Vacuum Floors & Furniture
- Change Bedding
- Toss Expired Food
- Wipe Down Kitchen Appliances
- Clean Microwave
- Sanitize Sponges

EVERY MONTH

- Vacuum Vents & Woodwork
- Dust & Clean Light Fixtures
- Dust Blinds
- Clean Dishwasher, Laundry Machines & Vacuum

EVERY 3-6 MONTHS

- Wipe down inside of Fridge
- Clean Range Hood
- Wash Shower Curtain Liner
- Clean Under & Behind Furniture
- Clean Patio Surfaces & Furniture
- Wash Pillows & Comforters
- Vacuum Mattress
- De-scale Coffee Maker
- Freshen Drains & Garbage Disposal
- Clean Inside of Oven
- Clean Out Freezer
- Wash Car

EVERY YEAR

- Clean Chimney & Fireplace
- Deep Clean Carpet & Upholstery
- Deep Clean Windows
- Clean Around Dryer & Vents
- Clean Drapes & Curtains
- Clean Out Gutters

